



The



TRIAD

Study

INDIANA  
UNIVERSITY  
SCHOOL OF  
MEDICINE

## TRIAD to Continue for 5 More Years!

UMDNJ  
UNIVERSITY OF MEDICINE &  
DENTISTRY OF NEW JERSEY

The Centers for Disease Control and Prevention has awarded \$4.2 million to fund a new five-year study to look at outcomes of diabetes care within managed care settings.

quality of care during the past five years, and diabetes prevention.

The six recipients of the first-year funding are:

- University of Michigan, Ann Arbor
- University of Medicine and Dentistry of New Jersey
- University of California, Los Angeles
- Pacific Health Research Institute, Honolulu, Hawaii
- Kaiser Research Foundation Institute, Oakland, California
- Indiana University School of Medicine

“These six institutions will help us identify interventions that can help people at high risk for diabetes to take the right steps to prevent the disease,” Health and Human Services Secretary Tommy G. Thompson said. “One objective of the new TRIAD study will focus on preventing diabetes by developing ways to identify people who don’t have diabetes yet, but are at high risk for developing the disease.”

As a member of TRIAD, you may remember that the CDC first funded the project – *Translating Research Into Action for Diabetes* (TRIAD) – in 1998 to assess the quality of diabetes care and identify the factors that affect quality and outcomes of care.

TRIAD is the largest multicenter study of diabetes and factors affecting quality of care and quality of life for people with diabetes. TRIAD includes about 12,000 patients, who represent a wide cross-section of the U.S. population in terms of age, gender, ethnicity, and socioeconomic factors. The project involves 10 U.S. health plans, 66 provider groups, and is a collaborative effort with the National Institute of Diabetes and Digestive

This new TRIAD study continues those objectives and expands the project to examine changes in

and Kidney Diseases (NIDDK), and the Department of Veterans Affairs (VA). The VA has conducted a similar TRIAD-VA study.

“Numerous studies have shown that diabetes care is often less than optimal. TRIAD uses knowledge and science to bridge the gap between research and practice to improve the level of diabetes care,” said Dr. Frank Vinicor, director of CDC’s diabetes division.

Currently about 18.2 million people in the United States have diabetes. Most (90-95%) have

type 2 diabetes, which is associated with older age, obesity and physical inactivity. It’s projected that 1 in 3 Americans will develop diabetes during their lifetime. For more information about diabetes and other projects such as TRIAD, visit CDC’s Website: <http://www.cdc.gov/diabetes>: or call toll free: 1-877-CDC-DIAB (232-3422).

*“CDC protects people’s health and safety by preventing and controlling diseases and injuries; enhances health decisions by providing credible information on critical health issues; and promotes healthy living through strong partnerships with local, national, and international organizations.”*

DEPARTMENT OF HEALTH & HUMAN SERVICES

**To date, the following TRIAD manuscripts have been published:**

The Translating Research Into Action for Diabetes (TRIAD): a multi-center study of diabetes in managed care. *Diabetes Care* 2002 Feb;25(2):386-9

Out-of-pocket costs and diabetes preventive services: The Translating Research Into Action for Diabetes (TRIAD) Study. *Diabetes Care* 2003;26(8):2294-9

The Direct Medical Cost of Type 2 Diabetes Mellitus. *Diabetes Care* 2003;26(8):2300-04

Health Behaviors and Quality of Care Among Latinos With Diabetes in Managed Care: the Translating Research into Action for Diabetes (TRIAD) Study. *American Journal of Public Health* 2003 Oct; Vol 93, No. 10, 1694-8

Referral Management and the Care of Patients With Diabetes: The Translating Research Into Action for Diabetes (TRIAD) Study. *American Journal of Managed Care*; Feb 2004; Vol. 10; No. 3; 137-143

Numerous other manuscripts have been accepted for publication or are works in progress. Please check the TRIAD web site regularly for updates:

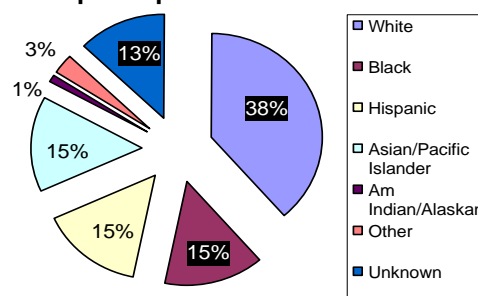
[www.triadstudy.org](http://www.triadstudy.org)

**Looking Ahead**

*“One objective of the new TRIAD study will focus on preventing diabetes...”*

*Health & Human Services Secretary  
Tommy G. Thompson*

**Who makes up the 12,000 TRIAD participants?**



**We appreciate your past contribution to this important study and hope that you will continue to help us in our efforts to improve the care and health of people with diabetes.**

If you’ve moved or changed your phone number since we last contacted you, please call us at this toll-free number:

**1-877-648-5119**

*A special thank you to **HealthNet** and **Horizon BCBS-NJ**, for their involvement in this study. They are two of the ten participating health plans across the nation.*